



Out of Hours Advice Line Children & Young People

Wirral & Cheshire
Wide



autism
low mood
anxiety
body image
self-harm
relationships
suicide
bullying

Are you an adult
working with a
young
person and
concerned
about their mental
health?
Talk to us!



Are you
worried about
your child's
mental health?
Talk to us!



Are you a child &
worried about
your mental health?



You can ring us too!



5pm - 10pm
12pm - 8pm

Mon to Fri
Weekends

01244 397644

